## Nonsuicidal Self-Injury and Emotions among Undergraduate Students

We are looking for research participants who:

- ✓ Are fluent in English
- ✓ Between the ages of 18-25
- ✓ Currently enrolled as an undergraduate student at the University of Toronto and live in the greater Toronto area
- ✓ Have engaged in nonsuicidal self-injury (e.g., self-cutting, burning) without
  suicidal intent <u>at least once</u> in the past year, and had the urge to engage in
  nonsuicidal self-injury in the <u>past 2 weeks</u>

## You will be compensated for participation!

Please contact us to determine your eligibility for this study.

Email: oise.mentalhealthproject@utoronto.ca

Phone: 416-978-0936